Dietary Restrictions and Food Allergies

At Teton Science Schools, participant safety is a top priority. In coordination with our food vendors and school partners, we strive to accommodate dietary restrictions and allergies whenever possible.

Food allergies or dietary restrictions must be included on Teton Science Schools Participant Registration forms. Restrictions not listed or submitted at least two weeks in advance may not be accommodated. Teton Science Schools is not able to accommodate all food restrictions and allergies.

All of our meals, including accommodations for food restrictions and allergies, are prepared in a common kitchen. While we take great care to minimize the likelihood of cross-contamination, we cannot guarantee that any menu item is completely free of cross-contamination. Guests with extreme allergies or sensitivities should exercise judgment in deciding whether to use our dining services or bring their own food. Please carefully review the information in our Parent/Guardian and Chaperone Information Documents for more details.

Specific accommodations or menu item substitutions may vary based on individual requests, but below are some general guidelines for common dietary restrictions.

Vegetarian, Vegan, No Red Meat, No Pork, Dairy-free

Teton Science Schools can accommodate these requests on their own or in combination with other restrictions. Please include this information on Participant Registration forms. Participants must identify themselves and their restriction(s) to the kitchen staff at each meal.

Gluten-free

Teton Science Schools can accommodate gluten-free requests on their own or in combination with vegetarian, vegan, no red meat/no pork, or dairy-free requests. Please include this information on Participant Registration forms.

> *If a participant has Celiac Disease, please check "Yes" to Food Allergy, and include "Celiac Disease" as a note on the Participant Registration forms.*

Peanuts & Tree Nuts

While we have eliminated peanuts and peanut products from our menu, some of our food is prepackaged, and we cannot guarantee it was not produced on machinery that also processes peanuts/nuts. Our campuses cannot be considered nut-free, because we do not limit the food that is brought to our campuses by participants or staff members.

> *If a participant has a peanut or tree nut allergy, please check "Yes" to Food Allergy and include "Peanut Allergy" or "Tree Nut Allergy" as a note on the Participant Registration forms. A Food Liaison must be assigned to every minor participant with a peanut and/or tree nut allergy.*

Soy, Corn, Eggs

We are able to make limited accommodations for participants with soy, corn, egg, or other restrictions on their own. When any of these restrictions are present in conjunction with another restriction, we may not be able to accommodate the participant's specific needs. Please include this information on Participant Registration forms.

Sugar-free

We are not able to make special accommodations for sugar-free requests.

Severe Allergies

All participants with severe allergies should carry their Epi-Pens with them at all times. Teton Science Schools education staff are all trained in administering epinephrine.

> *If a participant has a severe allergy, please check "Yes" to Food Allergy on the Participant Registration forms. Please include the specific allergy, the severity (e.g. ingestion only, contact triggered, or airborne allergy), how the participant reacts (e.g. itchy throat, swelling, hives), and the treatment in case of exposure. A Food Liaison must be assigned to every minor participant with a severe allergy.*

Food Liaisons

All minor participants with life-threatening food restrictions or allergies must be pre-assigned one adult chaperone or teacher from the school or group to be the participant's Food Liaison at all meals. Because participants eat lunch in their Field Groups, the Food Liaison must be in the same Field Group as the participant and present for all meals. Please indicate on the Staff/Chaperone List who the assigned liaison is for each participant with a life-threatening food restriction or allergy.

Food Liaisons:

1. Must ensure they have received comprehensive information from parents/guardians concerning the participant's restrictions.
2. Are responsible for communicating the participant's restrictions to food service and educational staff at every meal.
3. Must remain consistent throughout the participant's program (i.e., do not change throughout the program).
4. Are responsible for the participant during all meals and snack times ensuring that they are not eating foods containing restricted ingredients.
5. All chaperones and teachers are responsible for checking in with all participants to make sure that they are getting enough food to eat at each meal and communicating with the Teton Science Schools Meal Host.

Teton Science Schools

Field Education

Curiosity is in our nature.

Providing Your Own Food

Participants with severe dietary restrictions and/or allergies are welcome to bring their own food to supplement our food services. Refrigeration and storage are available for participants who bring supplemental food, though due to sanitation, safety, and liability concerns, participants are unable to use TSS kitchen facilities. Participants planning on bringing supplemental food should include a request on Participant Registration forms and communicate with TSS staff during the planning process to make appropriate arrangements.

Contact Us

If you have additional questions or concerns about our food service, please contact fieldeducation@tetonscience.org. Please put the name of your school or group in the subject line for the quickest response.